

# McLeod Maternity Education

See back of flyer for class descriptions & FAQs.

Schedule is subject to change. Registration is required.

Register via the McLeod MyChart App or call McLeod Patient Access at (843) 777-2095.

## Childbirth Preparation Class

*McLeod Medical Plaza Auditorium, 800 E Cheves Street, Florence, SC 29506*

Monday Evenings, 5:00 p.m. - 8:00 p.m.

Jan 20 · Feb 17 · Mar 17 · Apr 21 · May 19 · June 16 · July 21 · Aug 18 · Sept 15 · Oct 20 · Nov 17 · Dec 15

## Breastfeeding Class

*McLeod Medical Plaza Auditorium, 800 E Cheves Street, Florence, SC 29506*

Tuesday evenings, 5:00 p.m. - 7:00 p.m.

Jan 7 · Feb 4 · Mar 4 · Apr 1 · May 20 · June 3 · July 1 · Aug 5 · Sept 2 · Oct 7 · Nov 4 · Dec 2

## Baby Care/Postpartum Care

*McLeod Medical Plaza Auditorium, 800 E Cheves Street, Florence, SC 29506*

Monday evenings, 5:00 pm. - 7:00 p.m.

Jan 13 · Feb 10 · Mar 10 · Apr 14 · May 12 · June 9 · July 14 · Aug 11 · Sept 8 · Oct 13 · Nov 10 · Dec 8

## Maternity Tour

*McLeod Pavilion East Lobby, 801 E Cheves Street, Florence, SC 29506*

Thursday evenings, 5:00 p.m. - 6:00 p.m.

Jan 23 · Feb 27 · Mar 27 · Apr 24 · May 22 · June 26 · July 24 · Aug 28 · Sept 25 · Oct 23 · Nov 20 · Dec 18

*McLeod Pavilion East Lobby, 801 E Cheves Street, Florence, SC 29506*

Saturday mornings, 11:00 a.m. - 12:00 p.m.

Jan 4 · Feb 1 · Mar 1 · Apr 5 · May 3 · June 7 · July 5 · Aug 2 · Sept 6 · Oct 4 · Nov 1 · Dec 6

## Family & Friends CPR Class

\*Must register each person separately.

*McLeod Medical Plaza Auditorium, 800 E Cheves Street, Florence, SC 29506*

Saturday mornings, 9:00 a.m. - 12:00 p.m.

Jan 18 · Feb 15 · Mar 15 · Apr 19 · May 17 · June 21 · July 19 · Aug 16 · Sept 20 · Oct 18 · Nov 15 · Dec 20

## Infant Safety Class: Safe Sleep and Child Car Seat

*McLeod Medical Plaza Auditorium, 800 E Cheves Street, Florence, SC 29506*

Thursday evenings, 5:00 p.m. - 7:00 p.m.

Jan 9 · Feb 13 · Mar 13 · Apr 10 · May 8 · June 19 · July 10 · Aug 14 · Sept 11 · Oct 9 · Nov 13 · Dec 11

## Class Descriptions

### **Childbirth Preparation**

Learn about the stages of labor, breathing and positioning techniques, common interventions, pain management options and more.

### **Breastfeeding**

Learn about positioning, milk production, breast care, storage guidelines and going back to work.

### **Baby Care/Postpartum Care**

Learn the basics of diapering, bathing, feeding, and safety for baby's first six weeks, and postpartum care for mom.

### **Family and Friends CPR**

This American Heart Association course is an inexpensive alternative to CPR certification courses. While it is not a certification course, it is excellent training for parents, grandparents and others who care for your child.

### **Maternity Tour**

See the maternity facilities at McLeod before you deliver. Children under the age of 14 are not permitted on the tour.

### **Infant Safety Class**

This class provides families with education on how to properly install the different car seats needed throughout their child's life as well as how to decrease the risk of Sudden Infant Death Syndrome (SIDS) and accidental death of infants while sleeping.

***Please note: Upon registration, a form will be sent to you which must be completed and sent back one week prior to class date.***

## Maternity Education FAQs

### ***How much do classes cost?***

All classes are free of charge.

### ***Should my partner come to the classes?***

We encourage both parents to attend all the classes whenever possible. All classes address the concerns and responsibilities of both parents.

### ***How do I register for classes?***

Register via the McLeod MyChart App or call McLeod Patient Access at 843-777-2095 or 1-800-667-2005. If you have questions about any of the classes, please call 843-777-2890. We ask that you register EACH parent or partner for the CPR class because space is limited.

Please keep in mind that the schedule is subject to change.

**Scan the QR code below to visit our website:**



**McLeod**  

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**Resource Center**