

## McLeod Anesthesiologist Receives Outstanding Achievement Award



*Dr. Dan Fox, a McLeod Anesthesiologist, at right, recognizes Dr. Robert M. Savage's achievement award at a recent McLeod Health Board of Trustees meeting.*

Robert M. Savage, MD, FACC, an Anesthesiologist with the McLeod Heart and Vascular Institute, recently received the American Society of Echocardiography (ASE) 2017 Outstanding Achievement in Perioperative Echocardiography Award at their 28th Annual Scientific Sessions held in Baltimore, Maryland. Dr. Savage received the award for his significant clinical, research, and/or educational contributions to the field of perioperative echocardiography.

Dr. Savage's career has been dedicated to developing the field of perioperative echocardiography which enables physicians to visualize the chambers of the heart, its valves, and the major connecting vessels. He has a unique perspective on echocardiography from the specialties of both cardiology and anesthesiology. He also pioneered echo's role in emergency ECMO and ventricular assist insertion, and he directed the emergency response teams throughout Cleveland Clinic for many years.

To read the full article, click [here](#).

# McLeod Welcomes New Class of Residents

The McLeod Family Medicine Residency Program recently welcomed nine new residents to its program. The residency program is designed to train physicians in an effort to increase the availability of family medicine physicians for patients in the 15-county region McLeod Health serves. After graduating from medical school, physicians who join McLeod for their residency receive a rigorous three years of training to prepare for their own future practice.

Since its inception in 1980, there have been 233 graduates of the McLeod Family Medicine Residency Program. In addition, 40 percent of these graduates have remained in the region helping to offset the shortage of primary care physicians available.



*The new residents for the Class of 2020 include: Dr. Thomas Drzymala, Jr., Dr. Rachel Fenters, Dr. Nicole Joyner-Powell, Dr. Daniel McCorry, Dr. Brandon McDonald, Dr. Jonathan Orton, Dr. Rhonda Wallace, Dr. Evan Welker and Dr. Akal Zeleke.*

## McLeod Primary Care Sunset Beach Welcomes Nurse Practitioner



**Lindsey Jernigan, MSN**

McLeod Health welcomes Lindsey Jernigan, MSN, APRN, FNP-C, to McLeod Primary Care Sunset Beach. Jernigan will provide care as a Family Nurse Practitioner under the supervision of Dr. Kimberley Drayton.

A native of Loris, SC, Jernigan has more than a decade of experience providing healthcare in both the hospital and physician office setting as a nurse and nurse practitioner.

McLeod Primary Care Sunset Beach welcomes new patients. For more information or to schedule an appointment, call (910) 575-8488.

## McLeod Health Welcomes New Physicians



*Please click on the image above to learn more about Dr. Jonessa Atienza and other new physicians at McLeod.*

*For optimal viewing, please open the Flickr album in Google Chrome or Mozilla Firefox.*



# McLeod Health Clarendon Nurse Midwife Appears on Good Morning Sumter Radio Show



McLeod Health Clarendon Nurse Midwife Tom Chappell recently appeared on the Good Morning Sumter Radio Show to discuss various topics related to women's health, including the role of a midwife, Centering Pregnancy®, as well as information about McLeod Women's Care Clarendon.

## McLeod Hosts Sports Medicine Symposium



Joe Cauble, McLeod Sports Medicine Athletic Training Supervisor, demonstrates manual therapy techniques.

McLeod Sports Medicine recently hosted a symposium entitled "The Art of Manipulating Pain in Your Athlete: Holistic and Manual Techniques."

Among the speakers were Dr. Patrick Denton and Dr. Chadley Runyan, both of Pee Dee Orthopedic Associates. Approximately 100 Certified Athletic Trainers, Physical Therapists, Physical Therapist Assistants, Occupational Therapists, and Occupational Therapist Assistants from South Carolina, North Carolina, and Georgia attended the event.

## McLeod Health Sponsors Run Sunset Beach



McLeod Health was the main sponsor for Run Sunset Beach in Sunset Beach, NC on May 20. More than 2,000 runners participated in the event.

The staff of McLeod Primary Care Sunset Beach, including Tabor City staff members and their families, supported the race by manning the finish line.

# Legacy Commitments – Ensuring Excellence in Health Care for Generations to Come



*The Dr. F.H. McLeod Legacy Society Wall*

The Dr. F. H. McLeod Legacy Society honors supporters who have made legacy commitments to ensure that excellence in health care for our region continues for generations to come. Legacy commitments include bequests in wills, retirement beneficiary designations, insurance beneficiary designations, endowed gifts and many other options.

McLeod employees make up a significant portion of the membership of this important society.

Thirty-three current and past employees have made a legacy commitment to support the work of McLeod Health in the future. They include:

Mr. and Mrs. James Anderson, Jr.; Dr. Rajesh Bajaj and Dr. Anu Chaudhry; **Mr. and Mrs. J. Bruce Barragan**; Mr. and Mrs. Joseph Bibbo; Mr. and Mrs. Ronald L. Boring; **Mr. and Mrs. Roger E. Bramblett**; Mr. Nathan Brown\*; Mr. and Mrs. Eston Clarke; **Mr. and Mrs. Robert L. Colones**; Dr. and Mrs. Joseph W. Dunlap, Jr.; **Mr. and Mrs. David H. DuRant, Jr.**; Mr. and Mrs. S. Fulton Ervin, III; **Mrs. Lisa Freeman**; Mrs. Jeannette C. Glenn;

Mr. and Mrs. Asa S. Godbold; Mr. and Mrs. James E. Godbold; **Dr. and Mrs. William M. Hazelwood**; **Mrs. Ellen Abbott Hearne**; Dr. and Mrs. Joel B. Heffler; **Dr. and Mrs. William H. Hester**; Mr. and Mrs. Ted F. Huminski, Jr.; Mr. and Mrs. John T. Isgett, II; **Mr.\* and Mrs. Dwight A. Jenkinson, Jr.**; Mr. and Mrs. Dale L. Locklair; Mr. and Mrs. J. William McLeod; Dr. Amit and Dr. Meenakshi Pande; **Dr. and Mrs. Michael D. Pavy**; Dr. and Mrs. Joseph M. Pearson, Jr.; **Mr. and Mrs. Thomas B. Richardson**; Mrs. Marie Segars Saleeby; Mr. and Mrs. William K. Smith; Mrs. Jumana Ateyeh Swindler; and **Mrs. Roxanna S. Tinsley**.

*\*Deceased* **Bold-Charter**

If the mission of McLeod Health is important to you, and you would like to consider making a legacy commitment to ensure the future of the mission, you can learn more by visiting [www.mcleodhealthlegacy.org](http://www.mcleodhealthlegacy.org) or by contacting Roxanna Tinsley in the McLeod Foundation office at (843) 777-2694 or [rtinsley@mcleodhealth.org](mailto:rtinsley@mcleodhealth.org).



# McLeod Health Hospitals Recognized for Excellence in Healthcare



McLeod Health Darlington received five awards from PRC including a Top Performer HCAHPS Award for “Communication with Doctors.”

McLeod Health hospitals have been recognized for providing excellence in healthcare by national healthcare research leader Professional Research Consultants, Inc. (PRC). The awards were presented during PRC’s 2017 Excellence in Healthcare Conference.

**McLeod Health Darlington** received a Top Performer HCAHPS Award for “Communication with Doctors.” This ranks the medical center at or above the 100th percentile which equates to one of the highest scoring hospitals in the nation

for this measure. The hospital also received four 5-Star HCAHPS Awards for being in the top ten percent in the nation for “Overall Rating,” “Care Transition,” “Communication with Nurses,” and “Communications about Medications.”

Other honors received by McLeod Health hospitals include:

### **McLeod Health Cheraw**

5-Star HCAHPS Award for “Communication about Medications”

### **McLeod Loris**

- Gold Achievement Award for Discharge Deep Dive on Understanding Symptoms to Monitor
- Silver Achievement Award for Emergency Department Service Excellence Standards Deep Dive

### **McLeod Regional Medical Center**

Platinum Achievement Award for Inpatient Medical/Surgical Services project: “From Reds to Riches: Clean Work Makes the Dream Work.”

These awards recognize organizations and individuals who achieve excellence throughout the year by improving patient experiences, healthcare employee engagement and/or physician alignment and engagement based on surveys of their patients.

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## McLeod Cheraw Offers Lunch & Learn



Dr. Janice Miller, with McLeod Primary Care Bennettsville, recently spoke to McLeod Health Cheraw employees to kick off the “Bring Your Own Lunch & Learn” sessions. Dr. Miller discussed the importance of finding a primary care provider, nutrition and wellness tips, stress relief, and more.

## The McLeod Dillon Volunteer Auxiliary “Grow with Books” Literacy Project



In partnership with the Dillon County Library, the McLeod Dillon Volunteer Auxiliary’s “Grow with Books” Literacy Project stimulates an interest in reading at an early age. Every newborn delivered at McLeod Dillon receives a packet with an age-appropriate book, bookmark, library card, and “Reading is Fun” literature as well as a letter stressing the value of using the library as a resource.

## It Is Summer and Time to Go Red for Tomatoes

The red color of fruits and vegetables come from natural plant pigments. These red-colored pigments are called phytonutrients and are associated with many health benefits. One phytonutrient in the red family is lycopene, a powerful antioxidant found in red and pink produce such as tomatoes, watermelon, papaya and pink grapefruit. Research indicates that lycopene may be protective against certain types of cancer such as prostate, breast, stomach, colorectal and lung.

To read the full article, click [here](#).

For more information on adopting healthier lifestyle changes, contact Kitty Finklea, lifestyle coach, registered dietitian and personal trainer at McLeod Health and Fitness Center, 843-777-3000.





# Merit Awards

## MRMC



**Kim Morris**  
Renal Unit  
June 2017

## Dillon



**Gabriela Sosa-Cruz**  
Laboratory  
May 2017

## Clarendon



**Donnie Mahoney**  
Engineering  
June 2017

## MPA



**Susie Lavender**  
McLeod Vascular Associates  
June 2017

## Cheraw



**Andre Benjamin**  
Radiology  
April 2017



**Shannon Hatchell**  
Administration  
June 2017



**Tracy Lundy**  
Respiratory Therapy  
June 2017



**Timothy Rembert**  
Nutrition Services  
June 2017

# July Specials

## McLeod Resource Center

Enjoy 10% off  
Medela Calma Bottles &  
Nipples



## McLeod Health & Fitness Center



**Join in July and pay a \$25 joining fee.**  
*(Based on a 24-month agreement.)*

The McLeod Health & Fitness Center also offers special rates to McLeod employees.

Call 843-777-3000 to speak with a membership representative or to schedule a tour.  
For more information, please visit  
[www.McLeodHealthFitness.org](http://www.McLeodHealthFitness.org).

## McLeod Spa



**Book a massage and facial and receive 20% off of your services.**

*(Applies to the McLeod Regional Medical Center Concourse location Only.)*

Call 777-3203 (Concourse) or 777-3200 (Health & Fitness Center) to schedule an appointment.

**Don't forget Tuesdays are Employee Days**

Present your employee ID badge for 15% off any service or product. *(Not valid on gift certificate purchases.)*

Visit: [www.mcleodhealthfitness.org](http://www.mcleodhealthfitness.org) for a menu of services.

# Important Dates

JULY							2017
SUN	MON	TUE	WED	THU	FRI	SAT	
						1	
2	3	4	5	6	7	8	
9	10	11	12	13	14	15	
16	17	18	19	20	21	22	
23	24	25	26	27	28	29	
30	31						

For a complete list of July events, click [here](#) to view the McLeod Health calendar.

## Upcoming Mobile Mammography Visits



**July 20** McLeod Family Medicine Johnsonville

*To schedule an appointment, please call  
McLeod Reservations and Scheduling at (843) 777-2095.*

## Retirees

**Mark Kellis**

Cardiovascular Lab  
21 Years

# Making Rounds

## McLeod Regional Medical Center

### MPA

- Congratulations to **Jessica Garris Amerson** on the birth of her first child, born on May 25.